

**THE LUCKNOW PUBLIC COLLEGIATE  
DAY-BOARDING CUM RESIDENTIAL PUBLIC SCHOOL  
3, JOPLING ROAD, LUCKNOW PH.: 2207745, 2209429  
AFFILIATED TO CISCE, DELHI NUR. TO CLASS XII  
&  
RUCHI KHAND I, SHARDA NAGAR, LUCKNOW PH.: 2447505  
AFFILIATED TO C.B.S.E., DELHI NUR. TO CLASS XII**

**NOTICE**

01.08.15

**TEACHER'S PLEASE ANNOUNCE:-**

Students wishing to participate in any of the following events for different age groups may please give their names to their respective Class Teachers by 10th August 2015. Class Teachers should submit their entries to Mr T. Ahmed, Mr Sarvesh Kumar Rao, Mr Jayant Sharma by 12th August 2015. Those who are taking part in the following events according to their age group should come in their P.T. periods in order to learn and know about the rules and regulations of the various Athletics events. Athletics events will be held from 18th August 2015 at 09:30 a.m. to 11:45 a.m. & 02:30 p.m. to 05:00 p.m..

**EVENTS**

**01. AGE GROUPS "BOYS" OPEN - 02:30 p.m.**

- |                            |                 |
|----------------------------|-----------------|
| 1 100 Mtrs Race            | (On 18.08.2015) |
| 2 Triple Jump              | (On 18.08.2015) |
| 3 Shot Put                 | (On 19.08.2015) |
| 4 Long Jump                | (On 18.08.2015) |
| 5 200 Mtrs Race            | (On 19.08.2015) |
| 6 High Jump                | (On 19.08.2015) |
| 7 Javlin Throw             | (On 19.08.2015) |
| 8 400 Mtrs Race            | (On 20.08.2015) |
| 9 Discus Throw             | (On 20.08.2015) |
| 10 4x100 Mtr Relay (Mixed) | (On 05.12.2015) |

**02. AGE GROUPS "GIRLS" OPEN -09:30 a.m.**

- |                 |                 |
|-----------------|-----------------|
| 1 100 Mtrs Race | (On 21.09.2015) |
| 2 Triple Jump   | (On 21.09.2015) |
| 3 Shot Put      | (On 22.09.2015) |
| 4 Long Jump     | (On 21.09.2015) |
| 5 High Jump     | (On 22.09.2015) |
| 6 Javlin Throw  | (On 22.09.2015) |
| 7 200 Mtrs Race | (On 23.09.2015) |
| 8 Discus Throw  | (On 23.09.2015) |

**03. AGE GROUPS "BOYS" UNDER 15 Yrs-02:30 p.m.**

- |                            |                 |
|----------------------------|-----------------|
| 1 100 Mtrs Race            | (On 21.08.2015) |
| 2 Long Jump                | (On 21.08.2015) |
| 3 Triple Jump              | (On 21.08.2015) |
| 4 200 Mtrs Race            | (On 22.08.2015) |
| 5 Shot Put                 | (On 22.08.2015) |
| 6 Javlin Throw             | (On 22.08.2015) |
| 7 400 Mtrs Race            | (On 10.09.2015) |
| 8 Discus Throw             | (On 10.09.2015) |
| 9 High Jump                | (On 22.08.2015) |
| 10 4x100 Mtr Relay (Mixed) | (On 05.12.2015) |

**04. AGE GROUPS "GIRLS" UNDER 15 Yrs 09:30 a.m.**

- |                 |                 |
|-----------------|-----------------|
| 1 100 Mtrs Race | (On 12.09.2015) |
| 2 Long Jump     | (On 12.09.2015) |
| 3 Triple Jump   | (On 12.09.2015) |
| 4 Shot Put      | (On 18.09.2015) |
| 5 High Jump     | (On 18.09.2015) |
| 6 Javlin Throw  | (On 19.09.2015) |
| 7 200 Mtrs Race | (On 19.09.2015) |
| 8 Discus Throw  | (On 19.09.2015) |

**05. AGE GROUPS "BOYS" UNDER 13 Yrs.-2:30 pm**

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|---------------------------|-----------------|
| 1 100 Mtrs Race           | (On 11.09.2015) |
| 2 Long Jump               | (On 11.09.2015) |
| 3 Triple Jump             | (On 11.09.2015) |
| 4 200 Mtrs Race           | (On 12.09.2015) |
| 5 Shot Put                | (On 12.09.2015) |
| 6 High Jump               | (On 12.09.2015) |
| 7 4x100 Mtr Relay (Mixed) | (On 05.12.2015) |

**06. AGE GROUPS "GIRLS" UNDER 13 Yrs 09:30 a.m.**

- |                  |                 |
|------------------|-----------------|
| 1 100 Mtrs Race  | (On 10.09.2015) |
| 2 Long Jump      | (On 10.09.2015) |
| 3 Triple Jump    | (On 10.09.2015) |
| 4 Shot Put Throw | (On 11.09.2015) |
| 5 High Jump      | (On 11.09.2015) |
| 6 200 Mtrs Race  | (On 11.09.2015) |

**07. AGE GROUPS "BOYS" UNDER 11 Yrs-9:30 pm.**

- 1 100 Mtrs Race (On 21.08.2015)
- 2 Long Jump (On 21.08.2015)
- 3 High Jump (On 22.08.2015)
- 4 Triple Jump (On 21.08.2015)
- 5 200 Mtrs Race (On 22.08.2015)
- 6 Final Day Race (On 05.12.2015)

**08. AGE GROUPS "GIRLS" UNDER 11 Yrs 09:30 a.m.**

- 1 100 Mtrs Race (On 21.08.2015)
- 2 Long Jump (On 21.08.2015)
- 3 High Jump (On 22.08.2015)
- 4 Triple Jump (On 21.08.2015)
- 5 200 Mtrs Race (On 22.08.2015)
- 6 Final Day Race (On 05.12.2015)

**09. AGE GROUPS "BOYS" UNDER 9 Yrs-9:30 am.**

- 1 100 Mtrs Race (On 20.08.2015)
- 2 Long Jump (On 20.08.2015)
- 3 High jump (On 20.08.2015)
- 4 Final Day Race (On 05.12.2015)

**10. AGE GROUPS "GIRLS" UNDER 9 Yrs 09:30 a.m.**

- 1 100 Mtrs Race (On 20.08.2015)
- 2 Long Jump (On 20.08.2015)
- 3 High jump (On 20.08.2015)
- 4 Final Day Race (On 05.12.2015)

**11. AGE GROUPS "BOYS" UNDER 7 Yrs-9:30 am.**

- 1 100 Mtrs Race (On 19.08.2015)
- 2 Long Jump (On 19.08.2015)
- 3 High jump (On 19.08.2015)
- 4 Final Day Race (On 05.12.2015)

**12. AGE GROUPS "GIRLS" UNDER 7 Yrs-09:30 a.m.**

- 1 100 Mtrs Race (On 19.08.2015)
- 2 Long Jump (On 19.08.2015)
- 3 High jump (On 19.08.2015)
- 4 Final Day Race (On 05.12.2015)

**13. AGE GROUPS "BOYS" UNDER 5 Yrs- 9:30 am.**

- 1 50 Mtrs Race (On 18.08.2015)
- 2 25 Mtrs Frog Race (On 18.08.2015)
- 3 Cricket Ball Throw (On 18.08.2015)
- 4 Final Day Race (On 05.12.2015)

**14. AGE GROUPS "GIRLS" UNDER 5 Yrs 09:30 a.m.**

- 1 50 Mtrs Race (On 18.08.2015)
- 2 25 Mtrs Frog Race (On 18.08.2015)
- 3 Cricket Ball Throw (On 18.08.2015)
- 4 Final Day Race (On 05.12.2015)

**HOUSE MASTER/MISTRESS**

AMBER HOUSE \_\_\_\_\_

RUBY HOUSE \_\_\_\_\_

EMERALD HOUSE \_\_\_\_\_

SAPPHIRE HOUSE \_\_\_\_\_

**( P.E.T. )**

**JOINT DIRECTOR/PRINCIPAL**